



PHSE and RSE at Flamborough CE (VC) Primary School



“No act of kindness, no matter how small, is ever wasted.” Aesop

Statement of Intent

PSHE/RSE in our school aims to explore the knowledge and understanding children need to stay safe, be happy and healthy and fulfil their potential, whilst preparing them for life, both in the present and future. It aims to equip children with the skills they need to live successfully as citizens of the communities to which they belong and enables them to celebrate diversity and treat all people with kindness and respect. PSHE/RSE also aims to encourage children to develop positive mental health and emotional wellbeing, by empowering them with the knowledge of why this is important and how it can be achieved. We want to educate the whole child through our PSHE/RSE education and believe this positively impacts the individual, the school community, the wider and global community - both present and future.

Implementation

We have recently adopted the Twinkl scheme of work which aligns with the Programme of Study from the PHSE Association. All 12 units of work are covered by each Key Stage building on previously learned knowledge. Class teachers teach PHSE/RSE during a dedicated lesson each week but additional ELSA support is provided to identified individuals. Alongside this scheme, staff actively look for additional activities to support teaching, e.g Kindness day, NSPCC PANTS campaign, School Nurse visits and Internet Safety Day.

Key skills

- Children will be able to:
- Recognise, understand and manage their own emotions
 - Understand who they can rely on and ask for support.
 - Show respect to themselves and others.
 - Look after their own mental health and ask for support where necessary.
 - Recognise and apply the British Values
 - Be on their way to maintaining a healthy lifestyle.
 - Recognise differences and have an understanding of diversity.
 - Apply learnt skills in real life situations
 - Demonstrate self-confidence and self-esteem.
 - Have developed and maintained healthy relationships with peers and adults.
 - Understand the physical aspects involved in the teaching of RSE at the level appropriate to them as an individual

Content

<u>Health and Well Being</u>	<u>Relationships</u>	<u>Living in Wider World</u>
Safety First	TEAM	Aiming High
It's My Body	VIPs	One World
Think Positive	Be Yourself	Diverse Britain
Growing Up	Digital Wellbeing	Money Matters

Monitoring and Assessment

Teacher assessment is ongoing across each unit and the teaching of the PHSE/RSE curriculum monitored by the subject leader.

Impact

Through our curriculum, Children at Flamborough CE Primary School will meet, or exceed, the levels expected for children nationally. Every child will make progress from their individual starting points.

